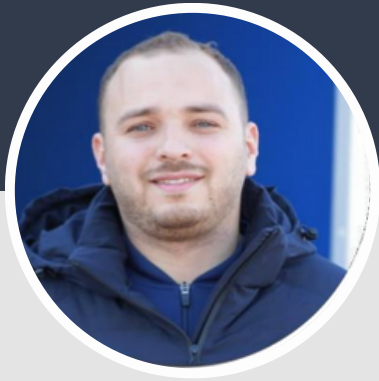


ZEID HUIJ

EXPERT PHYSIOTHERAPIST



CONTACT

☎ 00966547518505

✉ Zeid_huij@hotmail.com

📍 AL Ahsa, Saudi Arabia

SKILLS

- **Advanced Physiotherapy**
Techniques: Expertise in K-taping, cupping therapy, acupuncture, and reflexology.
- **Sports Medicine Knowledge:**
Proficient in injury prevention, recovery techniques, and sports nutrition, with certifications from FIFA and the International Olympic Committee.
- **Team Supervision and Leadership:**
Experience leading and training teams in medical analysis and rehabilitation.
- **Adaptability:** Proven ability to work in diverse settings, from sports clubs to medical institutions.
- **Patient Care Excellence:** Skilled in designing personalized rehabilitation programs to enhance patient recovery outcomes.
- **Analytical Skills:** Strong ability to assess and address complex medical conditions such as brain trauma, heart and lung diseases, and osteoarthritis.



PROFESSIONAL SUMMARY

I am a dedicated physiotherapist with over 13 years of experience helping patients recover and improve their quality of life. I specialize in managing complex conditions like brain trauma, osteoarthritis, and heart and lung diseases, using advanced techniques such as K-taping, cupping, acupuncture, and reflexology. I enjoy working closely with teams, leading and training others to ensure the best care. My passion lies in creating personalized rehabilitation plans and continuously learning through international certifications to stay at the forefront of my field. I'm adaptable, compassionate, and committed to making a positive impact on every patient's journey to recovery.

WORK EXPERIENCE



Al-Fateh Club - KSA

2022- PRESENT

Head of Physiotherapy Department

- Lead and supervise a team conducting medical analyses and rehabilitation plans.
- Assign tasks, monitor progress, and ensure team efficiency.
- Train team members on advanced physiotherapy techniques and injury prevention.
- Ensure quality in therapeutic procedures and rehabilitation outcomes.
- Act as a liaison between management and the medical team for coordination.

Al-Fateh Club - KSA

2014 - 2022

Physiotherapist

- Expertise in various therapeutic massage techniques..
- Skilled in lymphatic drainage therapy.
- Proficient in strapping and K-taping applications.
- Experienced in pre- and post-surgical rehabilitat.
- Specialized in muscular reinforcement and tendonitis rehabilitation.
- Competent in cupping therapy and acupuncture practices.
- Proficient in reflexology for holistic patient care.

Al Rayan Physiotherapy

2013- 2014

Physiotherapist

- Reduction and rehabilitation of muscular and articular injuries.
- Reduction and management of back pain.
- Reduction and treatment of osteoarthritis.
- Recovery support for brain stroke and cranial trauma cases.
- Reduction and therapy for heart and lung diseases.

Hamмам Sousse Club -Tunis

2013- 2014

Physiotherapist

- Reeducation of muscularand articular injuries
- Perform different types of massage
- Perform muscularreinforcement

- Continued Education Enthusiast:
Actively pursuing professional development through international courses and congresses.
- Technical Skills in Physiotherapy:
Over 13 years of experience applying advanced therapeutic and rehabilitation techniques.

LANGUAGES

- English (Fluent)
- French (Fluent)
- Arabic(Basic)

PERSONAL INFORMATION

Marital Statut: Married



EDUCATION

| | |
|---|------|
| National Professional Master's Degree health management central university Tunsia | 2022 |
| FIFA Certificate In Sports Injuries Sports FIFA Saudia Arabia Registerat Saudia commissionfor health specialties | 2017 |
| Applied License Physiotherapy High institute of Sciences and Techniques of Health Monastir, TN | 2013 |
| Baccalaureate Diploma Experimental Sciences Secondary school in Sousse Sousse, TN | 2009 |